Health Note

Patient's Full Name: Jayson Wilkinson

Date of Birth: 01/01/1980

Address: 1234 Elm Street, Anytown, USA 12345

Phone Number: (555) 123-4567

Emergency Contact Information: Jane Wilkinson (Spouse), (555) 987-6543

Date of Visit: 05/09/2023

I. Chief Complaint
(Describe the primary reason for the patient's visit in the patient's own words.)

Patient reports persistent cough and fatigue for the past two weeks.

II. History of Present Illness
(Provide a detailed description of the patient's current symptoms, including onset, duration, frequency, severity, and any factors that alleviate or exacerbate the symptoms.)

Jayson has experienced a dry cough for the past two weeks, accompanied by fatigue and occasional shortness of breath. The cough is more severe in the mornings and evenings. He denies having a fever, chills, or chest pain. The symptoms have not improved with over-the-counter cough suppressants.

III. Past Medical History
(List any previous medical conditions, hospitalizations, surgeries, or significant illnesses, including dates.)

1. Seasonal allergies
2. Appendectomy in 2010

IV. Medications
(List all current prescription and over-the-counter medications, including doses and frequencies.)

Loratadine 10 mg daily for seasonal allergies

V. Allergies
(List any known allergies to medications, foods, or environmental factors.)

No known drug allergies

VI. Social History
(Include relevant information about the patient's lifestyle, such as occupation, exercise habits, smoking status, alcohol consumption, and other factors that may impact their health.)

Jayson is a software engineer who works from home. He exercises regularly, does not smoke, and consumes alcohol in moderation. He has no known exposure to environmental irritants.

VII. Family Medical History
(Document any significant medical conditions in the patient's immediate family, including parents, siblings, and children.)

Father: Hypertension
Mother: Type 2 diabetes
Siblings: None

VIII. Review of Systems
(Record any additional symptoms or issues in various body systems, organized by system, e.g., cardiovascular, respiratory, gastrointestinal, etc.)

Cardiovascular: No chest pain, palpitations, or edema
Respiratory: Persistent cough, occasional shortness of breath
Gastrointestinal: No nausea, vomiting, or abdominal pain
Other systems: No other significant symptoms reported

IX. Physical Examination
(Document the findings of the physical examination, including vital signs (blood pressure, heart rate, respiratory rate, and temperature), and observations for each relevant body system.)

Vital Signs: BP 120/80 mmHg, HR 75 bpm, RR 16 breaths/min, Temp 98.6°F (37.0°C)
Respiratory: Clear breath sounds bilaterally, no wheezing or crackles
Cardiovascular: Regular rate and rhythm, no murmurs
Other systems: Unremarkable

Assessment and Plan
(Provide a summary of the patient's health status, including any diagnoses, and outline the recommended treatment plan, including any medications, referrals, or follow-up appointments.)

Diagnosis: Acute bronchitis

Plan:

1. Prescribe a 10-day course of amoxicillin 500 mg TID.
2. Advise the patient to increase fluid intake and use a humidifier at home.
3. Recommend over-the-counter cough suppressants as needed for cough relief.
4. Instruct the patient to return for a follow-up appointment in 2 weeks or sooner if symptoms worsen or do not improve.