

# Head Impulse Test

Patient name: \_\_\_\_\_ Age: \_\_\_\_\_ Date: \_\_\_\_\_

Examiner: \_\_\_\_\_

## Equipment

- Chair for patient
- Chair for the examiner (optional, if the examiner is sitting)
- Eye fixation target (optional; role can be fulfilled by examiner's nose)

## Procedure

1. Verify that the patient does not have any neck issues like vertebrobasilar insufficiency and has an adequate range of neck motion. Otherwise, terminate the test.
2. Make sure the patient is sitting comfortably in front of you with their eyes fixed on your nose or a distant target.
3. Instruct the patient to keep their eyes open and focused on the target during the test, even if vertigo symptoms are present. Advise the patient to avoid closing their eyes prematurely.
4. Move the patient's head quickly and unpredictably to 10 to 15 degrees of neck rotation to the side being tested. Avoid any cervical spine manipulation during the test.
5. Observe the patient's eye movements during and after the test.
6. Repeat on the other side.

## Test findings

**Positive:** Eyes are dragged off the target by the head turn. There are corrective saccades back to the target.

**Negative:** Patient can maintain eye contact with the target.

## Additional notes

## Healthcare professional information

Name of examiner:

License number:

Email:

Contact number:

Name of practice: