

Greater Trochanter Palpation

Patient details	
Name:	Age:
Gender: Male Female	Date of examination:
Test procedure	
<ol style="list-style-type: none">1. Position the patient in a supine position on the examination table with their legs straight.2. Identify the greater trochanter of the femur by locating the bony prominence on the lateral side of the hip joint.3. Place your index and middle fingers on top of the greater trochanter, with one finger towards the front and one towards the back.4. Apply gentle pressure to compress the soft tissue overlying the greater trochanter while palpating for any tenderness or discomfort.5. Ask the patient to verbally indicate if they feel any pain or discomfort during this compression.6. Ask them to rate their pain on a scale of 1 to 10, with 1 being no pain and 10 being the worst pain imaginable.	
Interpretation	
<p><input type="checkbox"/> Positive: If the patient experiences pain rated at 2 out of 10 or higher, it may indicate inflammation or irritation of the structures surrounding the greater trochanter, such as tendons, muscles, or the bursa.</p> <p><input type="checkbox"/> Negative: If the patient does not experience pain or rates it lower than 2 out of 10, it likely indicates a healthy and normal greater trochanter.</p>	
Additional notes	
Healthcare professional's information	
Name:	License number:
Contact number:	Signature: