

# Greater Trochanter Palpation

Patient details	
Name:	Age:
Gender:      Male      Female	Date of examination:
Test procedure	
<ol style="list-style-type: none"><li>1. Position the patient in a supine position on the examination table with their legs straight.</li><li>2. Identify the greater trochanter of the femur by locating the bony prominence on the lateral side of the hip joint.</li><li>3. Place your index and middle fingers on top of the greater trochanter, with one finger towards the front and one towards the back.</li><li>4. Apply gentle pressure to compress the soft tissue overlying the greater trochanter while palpating for any tenderness or discomfort.</li><li>5. Ask the patient to verbally indicate if they feel any pain or discomfort during this compression.</li><li>6. Ask them to rate their pain on a scale of 1 to 10, with 1 being no pain and 10 being the worst pain imaginable.</li></ol>	
Interpretation	
<p><input type="checkbox"/> <b>Positive:</b> If the patient experiences pain rated at 2 out of 10 or higher, it may indicate inflammation or irritation of the structures surrounding the greater trochanter, such as tendons, muscles, or the bursa.</p> <p><input type="checkbox"/> <b>Negative:</b> If the patient does not experience pain or rates it lower than 2 out of 10, it likely indicates a healthy and normal greater trochanter.</p>	
Additional notes	
Healthcare professional's information	
Name:	License number:
Contact number:	Signature: