

Glucose Levels Chart

Medical Institution Details

Name:

Address:

Phone Number:

Website:

Patient Details

Full Name:

Date of Birth:

Gender:

Patient ID:

Contact Number:

Email Address:

Referred by Dr./Physician:

Test Details

Date Sample Collected:

Lab Technician:

Lab ID or Location:

Glucose Levels Over Time

Date	Time of Day	Glucose Level (mg/dL)	Notes (e.g., after meal, fasting, etc.)

Interpretation

- **Normal Range (Fasting):** 70-99 mg/dL
- **Prediabetes Range (Fasting):** 100-125 mg/dL
- **Diabetes Range (Fasting):** 126 mg/dL or higher
- **Normal Range (2 hours after eating):** Less than 140 mg/dL
- **Prediabetes Range (2 hours after eating):** 140-199 mg/dL
- **Diabetes Range (2 hours after eating):** 200 mg/dL or higher

Recommendations & Physician's Notes

Next Steps or Follow-Up

Physician's Signature: _____ **Date:** _____

Note: Glucose levels can vary based on various factors, including diet, physical activity, and medication. Regular monitoring and consultation with a healthcare professional are essential for optimal diabetes management.