

Froment's Sign Test

Patient information

Patient's full name:

Date assessed:

Patient's medical history:

Patient's reason for visit:

Instructions

- Prepare a piece of paper.
- Have your patient sit down.
- Sit down in front of your patient, facing them.
- Next, hand a piece of paper to the patient.
- Ask them to hold the paper between their thumb and index finger in a pinch grip without flexing their thumb.
- Once they are gripping the paper, you must try to pull the paper from the patient's pinch grip. Instruct the patient to resist the pull.

Test results

Positive:

The patient experienced difficulty resisting the pull and compensates by flexing the thumb's flexor pollicis longus to reinforce their pinching grip.

Negative:

The patient didn't experience any difficulty resisting the pull.

Notes

Assessor's full name: _____ Signature: _____

Reference:

Physiopedia. (2024, February 11). *Froment's Sign Test*. https://www.physiopedia.com/Froment%E2%80%99s_Sign