

FLACC Pain Scale

Patient's name: Liam Rodriguez Age: 3 Gender: Male

Date: Oct. 12, 2024

Caretaker: Maria Rodriguez Examiner: Olivia Thompson

Instructions for use

- For awake patients: Observe for at least 2-5 minutes. Ensure the legs and body are uncovered to assess tension and movement.
- For asleep patients: Observe for at least 5 minutes. If possible, reposition the patient and assess for tension.

Scale

Criteria	Score 0	Score 1	Score 2
Face	No particular expression or smile	Occasional grimace or frown; withdrawn or uninterested	Frequent to constant quivering chin; clenched jaw
Legs	Normal position or relaxed	Uneasy, restless, tense	Kicking or legs drawn up
Activity	Lying quietly, normal position, moves easily	Squirming, shifting back and forth, tense	Arched, rigid, or jerking
Cry	No cry (awake or asleep)	Moans or whimpers; occasional complaint	Crying steadily, screams or sobs, frequent complaints
Consolability	Content, relaxed	Reassured by occasional touching or talking; distractible	Difficult to console or comfort

Patient's score: 6

The patient's score is an indication of the amount of pain they are experiencing:

- **0:** Relaxed and comfortable
- **1-3:** Mild discomfort
- **4-6:** Moderate pain
- **7-10:** Severe discomfort/pain

Additional notes

Liam appeared restless during observation, shifting frequently, and his legs were tense. He occasionally whimpered and seemed mildly reassured when his mother spoke to him, though he remained somewhat agitated. Pain management intervention recommended.

Merkel, S. I., Voepel-Lewis, T., Shayevitz, J. R., & Malviya, S. (1997). The FLACC: A behavioral scale for scoring postoperative pain in young children. *Pediatric Nursing*, 23(3), 293–297. <https://pubmed.ncbi.nlm.nih.gov/9220806/>