

Fibular Translation Test

Patient information	
Name:	Age:
Gender: Male Female	Date of assessment:
Examiner:	
Test overview	
The Fibular Translation Test is used to assess for potential syndesmotic injury, which refers to damage or instability in the ligaments that connect the tibia and fibula. This test helps determine if there is a discrepancy in movement between the two bones, indicating possible injury or instability.	
Test procedure	
<ol style="list-style-type: none">1. Position the patient in a side-lying position.2. Stabilize the tibia.3. Gently translate the fibula anteriorly and posteriorly.4. Repeat the test on both legs.	
Test results	
<ul style="list-style-type: none">• Positive: A positive test produces pain over the anterior and posterior tibiofibular ligaments and interosseous membranes.• Negative: The patient does not exhibit increased translation of the fibula on the tibia during the test, accompanied by no pain or discomfort	
Notes and recommendations	
Healthcare provider's information	
Name:	
License number:	
Contact number:	
Signature:	