

Eichhoff's Test

Patient's full name: _____ Date: _____

Test conductor's full name: _____

Equipment needed

An examination table

Instructions

- Prepare a treatment table
- Have the patient lie down in a supine position on the table
- Have them place their affected wrist on the table (make sure that it's hanging off the table)
- Ask them to ball their hand into a fist with their thumb inside the formation
- Once they have formed a fist, use one of your hands to stabilize their forearm on the table
- Use your other hand to deviate the patient's wrist towards the ulnar side

Important note: Please be gentle when stabilizing their forearm and deviating their wrist.

Results

- Positive:** The patient felt pain while deviating the wrist towards the ulnar side
- Negative:** The patient didn't feel any pain at all

Whichever the result, please conduct other provocation tests to ensure consistency and to detect any false positives.

Notes