Dry Needling Trigger Point Chart

Patient inform	nation								
Name:									
Date of birth:									
Gender:	Male	Female	e C	Other:					
Appointment of	late:								
Contact inform	nation:								
Medical history & relevant conditions									
Recent surger	ies:								
Known allergie	es:								
Current medic	ations:								
Previous dry-r	needling exp	eriences	s:						
Other important medical information:									
Assessment	findings								
Pain location:									
Pain intensity	(1-10 scale)):							
1	2	3	4	5	6	7	8	9	10
Restricted mo	vement area	as:							

Identified trigger points:
(Reference from Dry Needling Trigger Point Chart)
Trigger point diagram front
Trigger point diagram - front
Jaw clenching + TMJ in jaw
Neck pain in scalene muscle group of throat
Pectorals in pectoralis major muscle in the chest Tennis elbow and wrist pain in common extensor forearm tendon Quads in the distal vastus lateralis of the quadriceps Shin splints in the tibialis anterior muscle of the shin
Tired feet and plantar fascilitis in arch foot muscles
arch root muscles
Notes:

