

# Diagnostic Interview

Client information	
Name:	
Date of birth:	Gender:
Address:	
Cell phone:	Home phone:
Email:	Consultation date:
Referral information	
Referred by:	Referral date:
Reason of referral:	
Any previous treatment or evaluations for the same issue? If yes, please specify:	
Presenting problem	
What brings the client to therapy?	
When did the client first notice the problem?	
How long has the client been experiencing the problem?	
History of presenting problem	
What has the client done to address the problem?	
Has anything helped or made the problem worse?	
How has the problem affected the client's daily life?	

**Mental health history**

Has the client ever been diagnosed with a mental health disorder? If yes, please specify:

Has the client received treatment for a mental health disorder? If yes, please specify:

Are there any mental health disorders that run in the client's family? If yes, please specify:

**Medical history**

Does the client have any medical conditions? If yes, please specify:

Is the client taking any medication? If yes, please specify:

Has the client had any surgeries or hospitalizations? If yes, please specify:

**Substance use history**

Has the client ever used drugs, alcohol, or other substances? If yes, please specify:

Has the client ever had any problems related to substance abuse? If yes, please specify:

## Social history

What is the client's living situation?

Does the client have any close relationships? If yes, please specify:

How does the client spend their free time?

Is the client involved in any community activities? If yes, please specify:

## Assessment

On a scale of 1-10, how would the client rate their current level of distress?

1      2      3      4      5      6      7      8      9      10

Is the client experiencing any suicidal or homicidal thoughts?

Have any recent life stressors might have triggered the client's presenting problem? If yes, please specify:

## Goals for therapy

What does the client hope to achieve through therapy?

Are there any specific goals or objectives the client has in mind? If yes, please specify:

**Additional notes**

**Closing**

Are there any questions or client has? If yes, please specify:

How does the client feel about moving forward with therapy?

When would the client like to schedule their next session?