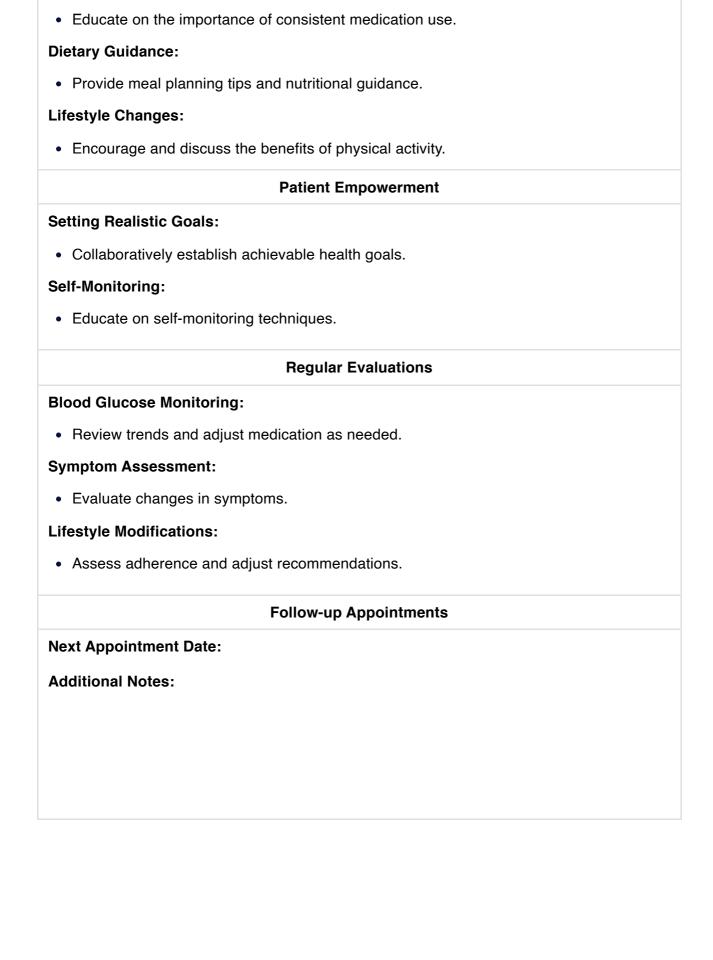
## **Diabetes Mellitus Nursing Care Plan**

Patient Information
Name:
Age:
Gender:
Type of Diabetes:
Coexisting Health Conditions:
Allergies:
Current Medications:
Lifestyle Factors
Dietary Preferences:
Physical Activity Level:
Other Relevant Factors:
Medical History
Previous Diabetes-Related Complications:
Other Relevant Medical History:
Current Symptoms
Blood Glucose Levels:
Presence of Polyuria, Polydipsia, Polyphagia:
Any Other Relevant Symptoms:

Key Lifestyle Factors
Current Diet:
Physical Activity Habits:
Sleep Patterns:
Stress Levels:
Medication Management
Current Medications: Type, Dosage, Frequency:
Prescribed Insulin: Type, Dosage, Administration Instructions:
Dietary Recommendations
Meal Planning: Preferred Diet Type: Dietary Restrictions:
Blood Glucose Monitoring:
Frequency:
Target Range:
Lifestyle Modifications
Physical Activity Recommendations: Type, Frequency, Duration:
Stress Management Techniques: Techniques Recommended:
Patient Education
Understanding Diabetes:

• Explanation of Diabetes Type and Management.



**Medication Adherence:**