

Couples Satisfaction Index (CSI-32)

Name: _____ Gender: _____

Contact information: _____ Date of assessment: _____

1. Please indicate the degree of happiness, all things considered, of your relationship.

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Extremely unhappy	Fairly unhappy	A little unhappy	Happy	Very happy	Extremely happy	Perfect

Most people have disagreements in their relationships. Please indicate below the approximate extent of agreement or disagreement between you and your partner for each item on the following list.

2. Amount of time spent together.

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Always agree	Almost always agree	Occasionally disagree	Frequently disagree	Almost always disagree	Always disagree

3. Making major decisions.

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Always agree	Almost always agree	Occasionally disagree	Frequently disagree	Almost always disagree	Always disagree

4. Demonstrations of affection.

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Always agree	Almost always agree	Occasionally disagree	Frequently disagree	Almost always disagree	Always disagree

5. In general, how often do you think that things between you and your partner are going well?

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
All the time	Most of the time	More often than not	Occasionally	Rarely	Never

6. How often do you wish you hadn't gotten into this relationship?

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
All the time	Most of the time	More often than not	Occasionally	Rarely	Never

7. I still feel a strong connection with my partner.

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Not at all true	A little true	Somewhat true	Mostly true	Almost completely true	Completely true

8. If I had my life to live over, I would marry (or live with / date) the same person.

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Not at all true	A little true	Somewhat true	Mostly true	Almost completely true	Completely true

9. Our relationship is strong.

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Not at all true	A little true	Somewhat true	Mostly true	Almost completely true	Completely true

10. I sometimes wonder if there is someone else out there for me.

Not at all true A little true Somewhat true Mostly true Almost completely true Completely true

11. My relationship with my partner makes me happy.

Not at all true A little true Somewhat true Mostly true Almost completely true Completely true

12. I have a warm and comfortable relationship with my partner.

Not at all true A little true Somewhat true Mostly true Almost completely true Completely true

13. I can't imagine ending my relationship with my partner.

Not at all true A little true Somewhat true Mostly true Almost completely true Completely true

14. I feel that I can confide in my partner about virtually anything.

Not at all true A little true Somewhat true Mostly true Almost completely true Completely true

15. I have had second thoughts about this relationship recently.

Not at all true A little true Somewhat true Mostly true Almost completely true Completely true

16. For me, my partner is the perfect romantic partner.

Not at all true A little true Somewhat true Mostly true Almost completely true Completely true

17. I really feel like part of a team with my partner.

Not at all true A little true Somewhat true Mostly true Almost completely true Completely true

18. I cannot imagine another person making me as happy as my partner does.

Not at all true A little true Somewhat true Mostly true Almost completely true Completely true

19. How rewarding is your relationship with your partner?

Not at all A little Somewhat Mostly Almost completely Completely

20. How well does your partner meet your needs?

- Not at all A little Somewhat Mostly Almost completely Completely

21. To what extent has your relationship met your original expectations?

- Not at all A little Somewhat Mostly Almost completely Completely

22. In general, how satisfied are you with your relationship?

- Not at all A little Somewhat Mostly Almost completely Completely

23. How good is your relationship compared to most?

- 0 1 2 3 4 5
- Worse than all others (Extremely bad) Better than all others (Extremely good)

24. Do you enjoy your partner's company?

- Never Less than once a month Once or twice a month Once or twice a week Once a day More often

25. How often do you and your partner have fun together?

- Never Less than once a month Once or twice a month Once or twice a week Once a day More often

For each of the following items, select the answer that best describes *how you feel about your relationship*. Base your responses on your first impressions and immediate feelings about the item.

- | | | | | | | | |
|------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|------------------|
| 26. Interesting | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Boring |
| 27. Bad | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Good |
| 28. Full | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Empty |
| 29. Lonely | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Friendly |
| 30. Sturdy | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Fragile |
| 31. Discouraging | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Hopeful |
| 32. Enjoyable | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Miserable |

Total score: _____

Scoring and interpretation

Each item on the CSI-32 is scored on a scale ranging from 0 to 5 points. The exception is Item 1 since it is on a scale of 0 to 6. It's important to note that some items are reverse-scored. For these items, the point values are inverted (e.g., 5 = 0, 4 = 1, 3 = 2, 2 = 3, 1 = 4, 0 = 5). This includes the following items: 6, 10, 15, 26, 28, 30, and 32.

To obtain the total score, sum the points from all 32 items. The total score can range from 0 to 161 points.

Higher scores indicate higher levels of relationship satisfaction. CSI-32 scores falling below 104.5 suggest notable relationship dissatisfaction.

Reference

Funk, J.L., & Rogge, R.D. (2007). Testing the ruler with item response theory: Increasing precision of measurement for relationship satisfaction with the couples satisfaction index. *Journal of Family Psychology*, *21*, 572-583. <https://doi.org/10.1037/0893-3200.21.4.572>