

Couples Satisfaction Index (CSI-32)

Name: _____ Gender: _____

Contact information: _____ Date of assessment: _____

1. Please indicate the degree of happiness, all things considered, of your relationship.

Extremely unhappy Fairly unhappy A little unhappy Happy Very happy Extremely happy Perfect

Most people have disagreements in their relationships. Please indicate below the approximate extent of agreement or disagreement between you and your partner for each item on the following list.

2. Amount of time spent together.

Always agree Almost always agree Occasionally disagree Frequently disagree Almost always disagree Always disagree

3. Making major decisions.

Always agree Almost always agree Occasionally disagree Frequently disagree Almost always disagree Always disagree

4. Demonstrations of affection.

Always agree Almost always agree Occasionally disagree Frequently disagree Almost always disagree Always disagree

5. In general, how often do you think that things between you and your partner are going well?

All the time Most of the time More often than not Occasionally Rarely Never

6. How often do you wish you hadn't gotten into this relationship?

All the time Most of the time More often than not Occasionally Rarely Never

7. I still feel a strong connection with my partner.

Not at all true A little true Somewhat true Mostly true Almost completely true Completely true

8. If I had my life to live over, I would marry (or live with / date) the same person.

Not at all true A little true Somewhat true Mostly true Almost completely true Completely true

9. Our relationship is strong.

Not at all true A little true Somewhat true Mostly true Almost completely true Completely true

10. I sometimes wonder if there is someone else out there for me.

Not at all true A little true Somewhat true Mostly true Almost completely true Completely true

11. My relationship with my partner makes me happy.

Not at all true A little true Somewhat true Mostly true Almost completely true Completely true

12. I have a warm and comfortable relationship with my partner.

Not at all true A little true Somewhat true Mostly true Almost completely true Completely true

13. I can't imagine ending my relationship with my partner.

Not at all true A little true Somewhat true Mostly true Almost completely true Completely true

14. I feel that I can confide in my partner about virtually anything.

Not at all true A little true Somewhat true Mostly true Almost completely true Completely true

15. I have had second thoughts about this relationship recently.

Not at all true A little true Somewhat true Mostly true Almost completely true Completely true

16. For me, my partner is the perfect romantic partner.

Not at all true A little true Somewhat true Mostly true Almost completely true Completely true

17. I really feel like part of a team with my partner.

Not at all true A little true Somewhat true Mostly true Almost completely true Completely true

18. I cannot imagine another person making me as happy as my partner does.

Not at all true A little true Somewhat true Mostly true Almost completely true Completely true

19. How rewarding is your relationship with your partner?

Not at all A little Somewhat Mostly Almost completely Completely

20. How well does your partner meet your needs?

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Not at all	A little	Somewhat	Mostly	Almost completely	Completely

21. To what extent has your relationship met your original expectations?

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Not at all	A little	Somewhat	Mostly	Almost completely	Completely

22. In general, how satisfied are you with your relationship?

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Not at all	A little	Somewhat	Mostly	Almost completely	Completely

23. How good is your relationship compared to most?

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
0	1	2	3	4	5
Worse than all others (Extremely bad)					Better than all others (Extremely good)

24. Do you enjoy your partner's company?

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Never	Less than once a month	Once or twice a month	Once or twice a week	Once a day	More often

25. How often do you and your partner have fun together?

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Never	Less than once a month	Once or twice a month	Once or twice a week	Once a day	More often

For each of the following items, select the answer that best describes *how you feel about your relationship*. Base your responses on your first impressions and immediate feelings about the item.

26. Interesting	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Boring
27. Bad	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Good
28. Full	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Empty
29. Lonely	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Friendly
30. Sturdy	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Fragile
31. Discouraging	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Hopeful
32. Enjoyable	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Miserable

Total score: _____

Scoring and interpretation

Each item on the CSI-32 is scored on a scale ranging from 0 to 5 points. The exception is Item 1 since it is on a scale of 0 to 6. It's important to note that some items are reverse-scored. For these items, the point values are inverted (e.g., 5 = 0, 4 = 1, 3 = 2, 2 = 3, 1 = 4, 0 = 5). This includes the following items: 6, 10, 15, 26, 28, 30, and 32.

To obtain the total score, sum the points from all 32 items. The total score can range from 0 to 161 points.

Higher scores indicate higher levels of relationship satisfaction. CSI-32 scores falling below 104.5 suggest notable relationship dissatisfaction.

Reference

Funk, J.L., & Rogge, R.D. (2007). Testing the ruler with item response theory: Increasing precision of measurement for relationship satisfaction with the couples satisfaction index. *Journal of Family Psychology*, *21*, 572-583. <https://doi.org/10.1037/0893-3200.21.4.572>