

# Coracoid Pain Test

Name: \_\_\_\_\_ Age: \_\_\_\_\_

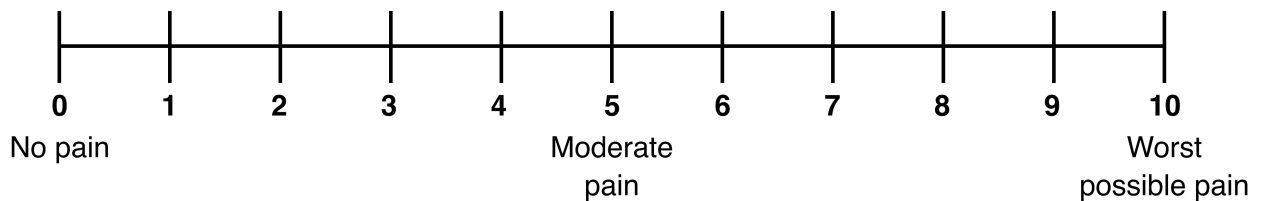
Examiner: \_\_\_\_\_ Date of exam: \_\_\_\_\_

## Test procedure

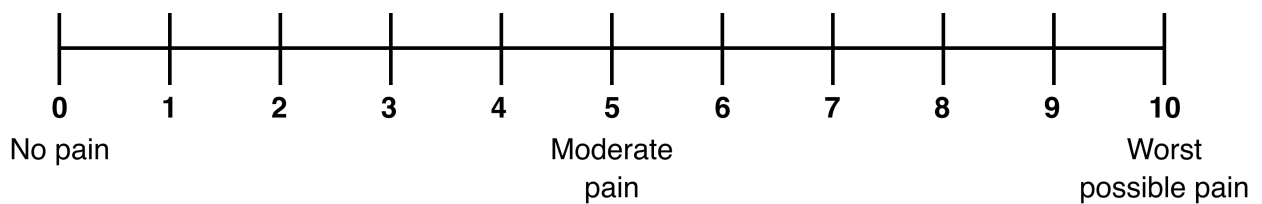
1. Begin by manually palpating the acromioclavicular (AC) joint, the anterolateral subacromial area, and the coracoid process using your finger.
2. Apply a firm pressure during each palpitation.
3. Ask the patient to rate the pain at each of these locations using a visual analog scale (VAS) from 0 (no pain) to 10 (most severe pain).
4. Use the Pain rating section to document their answers.
5. The test is considered positive for adhesive capsulitis if the pain in the coracoid region is more than 3 points higher on the VAS than in the AC joint and anterolateral subacromial area.

## Pain rating

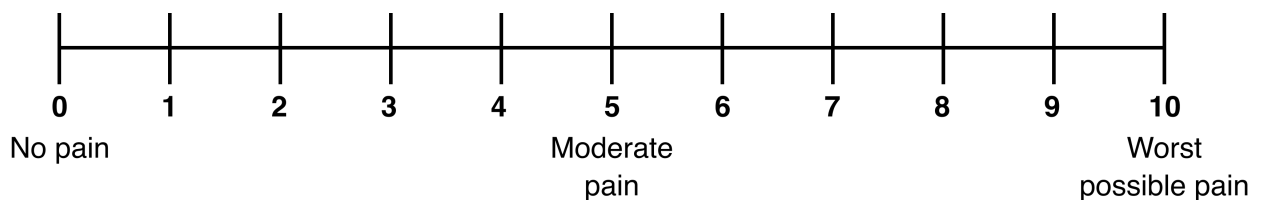
### AC joint



### Anterolateral subacromial area



### Coracoid region



## Results

- Negative:** Minimal or no difference in pain scores between the three areas
- Positive:** Pain in the coracoid region is rated more than 3 points higher on the VAS

**Note:** A positive test indicates a higher likelihood of a frozen anterior shoulder pain but is not a definitive diagnosis. Further evaluation and imaging may be necessary to confirm the diagnosis.

## Additional notes

## Healthcare professional's information

Name:

Phone number:

Email:

Name of practice: