

# Conversion Disorder DSM-5 Diagnosis Criteria

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Conversion disorder, also known as functional neurological symptom disorder, involves unexplained neurological symptoms like paralysis or tremors. It requires comprehensive evaluation and tailored management, often involving physical and mental health support.

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## Diagnostic criteria

- A.** One or more symptoms of altered voluntary motor or sensory function.
- B.** Clinical findings provide evidence of incompatibility between the symptom and recognized neurological or medical conditions.
- C.** The symptom or deficit is not better explained by another medical or mental disorder.
- D.** The symptom or deficit causes clinically significant distress or impairment in social, occupational, or other important areas of functioning or warrants medical evaluation.

**Coding note:** The ICD-10-CM code depends on the symptom type. Specify symptom type:

- F44.4 With weakness or paralysis
- F44.4 With abnormal movement (e.g., tremor, dystonia, myoclonus, gait disorder)
- F44.4 With swallowing symptoms
- F44.4 With speech symptom (e.g., dysphonia, slurred speech)
- F44.5 With attacks or seizures
- F44.6 With anesthesia or sensory loss
- F44.6 With special sensory symptom (e.g., visual, olfactory, or hearing disturbance)
- F44.7 With mixed symptoms

### **Specify if:**

- **Acute episode:** Symptoms present for less than 6 months.
- **Persistent:** Symptoms occurring for 6 months or more. 361

### **Specify if:**

- With psychological stressor (specify stressor)
  - Without psychological stressor
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## Reference

American Psychiatric Association. (2013). *Diagnostic and statistical manual of mental disorders* (5th ed.). <https://doi.org/10.1176/appi.books.9780890425596>