

Cholesterol Test Reports

Patient name: _____ Gender: _____

Date of birth: _____ Medical record #: _____ Date of test: _____

Clinical history:

Test results			
	Reference range	Patient's result	Interpretation
Total cholesterol	<ul style="list-style-type: none">• Less than 200mg/dL (Desirable)• 200-239 mg/dL (Borderline high)• 240mg/dL and above (High)		
LDL cholesterol	<ul style="list-style-type: none">• Less than 100mg/dL (Optimal)• 100-129mg/dL (Near optimal)• 130-159 mg/dL (Borderline high)• 160-189 mg/dL (High)• 190 mg/dL and above (Very high)		
HDL cholesterol	<ul style="list-style-type: none">• 60 mg/dL and higher (Considered protective against heart disease)• 40-59 mg/dL (The higher, the better)• Less than 40 mg/dL (A major risk factor for heart disease)		
Triglycerides	<ul style="list-style-type: none">• Less than 150 mg/dL (Normal)• 150 to 199 mg/dL (Borderline high)• 200 to 499 mg/dL (High)• 500 mg/dL or above (Very high)		

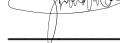
Note: Normal value ranges may vary slightly among different laboratories.

Additional information

- Fasting status: _____
- Medication: _____
- Lifestyle factors: _____

Recommendations

Additional notes

Ordering physician's name: _____ Signature:  _____

Contact information: _____ Date: _____

References

MedlinePlus. (2022, April 4). *Cholesterol levels*. <https://medlineplus.gov/lab-tests/cholesterol-levels/>

MedlinePlus. (2023, November 2). *Triglyceride level*. <https://medlineplus.gov/ency/article/003493.htm>

MedlinePlus brings together authoritative health information from the National Library of Medicine (NLM), the National Institutes of Health (NIH), and other government agencies and health-related organizations.