Child Mania Rating Scale, Parent Version (CMRS-P)

Child's name: _____ Date of Birth: _____

Case # / ID #: _____

INSTRUCTIONS

The following questions concern your child's mood and behavior in the past week. Please place a checkmark or an 'x' in a box for each item. Please consider it a problem if it is causing trouble and is beyond what is normal for your child's age.

	NEVER	SOMETIMES	OFTEN	VERY OFTEN	DESCRIPTION
1					Have periods of feeling super happy for hours or days
2					Feel irritable, cranky, or mad for hours or days
3					Think that he or she can be anything or do anything
4					Believe that he or she has unrealistic abilities or powers
5					Need less sleep than usual; yet does not feel tired the next day
6					Have periods of too much energy
7					Have periods when she or he talks too much or too loud
8					Have periods of racing thoughts
9					Talk so fast that he or she jumps from topic to topic
10					Rush around doing things nonstop

11			Have trouble staying on track
12			Do many more things than usual
13			Behave in a sexually inappropriate way
14			Go and talk to strangers inappropriately
15			Do things that are unusual or risky, like jumping off heights

NOTES: Please use this section to provide any additional observations, comments, or concerns regarding your child's behavior, mood, or any specific incidents that may be relevant. Feel free to provide as much detail as needed.