

# Catherine Bergego Scale (CBS)

## Clinician-Rated Version

**Instructions:** Observe the patient performing everyday tasks and rate each item based on observed neglect behaviors.

Item	No neglect (0)	Mild neglect (1)	Moderate neglect (2)	Severe neglect (3)
1. Forgets to groom or shave the left part of his/her face.				
2. Experiences difficulty in adjusting his/her left sleeve or slipper.				
3. Forgets to eat food on the left side of his/her plate.				
4. Forgets to clean the left side of his/her mouth after eating.				
5. Experiences difficulty in looking towards the left.				
6. Forgets about a left part of his/her body <i>(e.g. forgets to put his/her upper limb on the armrest, or his/her left foot on the wheelchair rest, or forgets to use his/her left arm when he/she needs to).</i>				
7. Has difficulty in paying attention to noise or people addressing him/her from the left.				
8. Collides with people or objects on the left side, such as doors or furniture (either while walking or driving a wheelchair).				
9. Experiences difficulty in finding his/her way towards the left when traveling in familiar places or in the rehabilitation unit.				
10. Experiences difficulty finding his/her personal belongings in the room or bathroom when they are on the left side.				
<b>Total score:</b>	/ 30			
<b>Anosognosia Score:</b> <b>Instructions:</b> Calculate the anosognosia score by comparing the clinician's assessment with the patient's self-assessment. <b>Formula:</b> Clinician's CBS score – Patient's self-assessment score =	<b>Interpretation:</b> <ul style="list-style-type: none"> <li>• 0 = No behavioral neglect</li> <li>• 1-10 = Mild behavioral neglect</li> <li>• 11-20 = Moderate behavioral neglect</li> <li>• 21-30 = Severe behavioral neglect</li> </ul>			

**Reference:** Azouvi, P. (1996). Functional consequences and awareness of unilateral neglect: Study of an evaluation scale. *Neuropsychological Rehabilitation*, 6(2), 133–150. <https://doi.org/10.1080/713755501>

# Catherine Bergego Scale (CBS)

## Patient Self-Reported Version

**Instructions:** Answer the following questions based on your experiences. Rate each item according to the level of difficulty you experience.

Item	No neglect (0)	Mild neglect (1)	Moderate neglect (2)	Severe neglect (3)
1. Do you sometimes forget to groom or shave the left side of your face?				
2. Do you experience difficulty in adjusting your left sleeve or slipper?				
3. Do you sometimes forget to eat food on the left side of your plate?				
4. Do you sometimes forget to clean the left side of your mouth after eating?				
5. Do you experience difficulty in looking towards the left?				
6. Do you sometimes forget about a left part of your body? <i>(e.g. forget to put your upper limb on the armrest, or your left foot on the wheelchair rest, or forget to use your left arm when you need to)</i>				
7. Do you have difficulty in paying attention to noise or people addressing you from the left?				
8. Do you collide with people or objects on the left side, such as doors or furniture (either while walking or driving a wheelchair)?				
9. Do you experience difficulty in finding your way towards the left when traveling in familiar places or in the rehabilitation unit?				
10. Do you experience difficulty finding your personal belongings in the room or bathroom when they are on the left side?				
<b>Total score:</b>	/ 30			