

# Brudzinski Sign Test

Name: \_\_\_\_\_ Age: \_\_\_\_\_

Evaluator: \_\_\_\_\_ Date of test: \_\_\_\_\_

## Test procedure

1. Ask the patient to lie flat on their back on the examination table.
2. Gently grasp the patient's head from behind and place the other hand on the patient's chest.
3. Gently flex the neck, bringing chin to chest.

## Interpretation

- Positive result:** A positive sign is the involuntary flexing of the hips and knees.
- Negative result:** A negative result is no flexion or only slight flexion of hips and knees.

**Note:** Results do not exclude the presence of meningitis. Further evaluation is needed to confirm or rule out the diagnosis.

## Additional notes

## Healthcare professional's information

Name:

License number:

Contact number:

Signature: