








# Bristol Stool Chart

Patient information		
Full name:		Age:
Gender:	Patient ID:	
Contact number:	Email address:	
Chart		
Type 1		Separate hard lumps (hard to pass).
Type 2		Lumpy, hard, sausage-shaped.
Type 3		Sausage-shaped with cracks on the surface.
Type 4		Sausage-shaped or snake-like; smooth and soft.
Type 5		Soft blobs with clear-cut edges (easy to pass).
Type 6		Fluffy pieces with ragged edges; mushy.
Type 7		Entirely liquid, watery, no solid pieces.

Patient records		
Type	Date and time	Notes
Additional notes		

Heights. (2023, August 10). *Cracking the code: The Bristol stool chart*. <https://www.yourheights.com/blogs/health/bristol-stool-chart>