

# Brief Psychotic Disorder DSM-5 Criteria

Name: \_\_\_\_\_ Gender:    Male    Female    Other: \_\_\_\_\_

Date of assessment: \_\_\_\_\_ Contact information: \_\_\_\_\_

- A. Presence of one (or more) of the following symptoms. At least one of these must be (1), (2), or (3):
  - 1. Delusions.
  - 2. Hallucinations.
  - 3. Disorganized speech (e.g., frequent derailment or incoherence).
  - 4. Grossly disorganized or catatonic behavior.
- B. Duration of an episode of the disturbance is at least 1 day but less than 1 month, with eventual full return to premorbid level of functioning.
- C. The disturbance is not better explained by major depressive or bipolar disorder with psychotic features or another psychotic disorder such as schizophrenia or catatonia, and is not attributable to the physiological effects of a substance (e.g., a drug of abuse, a medication) or another medical condition.

## Specify if:

- With marked stressor(s) (brief reactive psychosis):** If symptoms occur in response to events that, singly or together, would be markedly stressful to almost anyone in similar circumstances in the individual's culture.
- Without marked stressor(s):** If symptoms do not occur in response to events that, singly or together, would be markedly stressful to almost anyone in similar circumstances in the individual's culture.
- With peripartum onset:** If onset is during pregnancy or within four weeks postpartum.

## Specify if:

- With catatonia

## Specify current severity:

Severity is rated by a quantitative assessment of the primary symptoms of psychosis, including delusions, hallucinations, disorganized speech, abnormal psychomotor behavior, and negative symptoms. Each of these symptoms may be rated for its current severity (most severe in the last 7 days) on a 5-point scale ranging from 0 (not present) to 4 (present and severe).

*Note: Diagnosis of brief psychotic disorder can be made without using this severity specifier.*

## Additional notes

**Reference:** American Psychiatric Association. (2013). Diagnostic and statistical manual of mental disorders (5th ed.). Pearson.