

Body Assessment Form

Patient information

First name:	Last name:
Date of birth:	Gender:

Medical history

Please list any medical conditions or health problems you have had in the past or present:

Please indicate any areas of concern by using the symbols below:

✕ Adhesion	≈ Spasm
↻ Rotation	○ Inflammation
○ Pain	⦿ Trigger point
● Tender joint	/ Elevation
≡ Hypertonicity	

Remarks:

Clinician name:

Signature: <i>Raven J.</i>	Date:
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