Blood Type Chart

Blood Types and Compatibility
Donor ID (if assigned):
Blood Type:
Email Address:
Contact Number:
Date of Birth:
Name:

Blood Types	Best Donors For	Compatible to Donate for	Compatible to Receive
O+	Double Red Cells Whole Blood	O+, A+, B+, AB+	O+, O-
O -	Double Red Cells Whole Blood	All Blood Types	О-
A+	Plasma Platelets	A+, AB+	O+, O-, A+, A-
A -	Double Red Cells Whole Blood	A, A-, AB-, AB+	A-, O-
B+	Plasma Platelets	B+, B-, AB+, AB-	O+, O-, B+, B-
B-	Double Red Cells Whole Blood	B+, B-, ABAB+	B-, O-
AB+	Plasma Platelets	AB+	All Blood Types
AB-	Plasma Platelets	AB+, AB-	O-, A-, BAB-

What donations am I best for:
☐ Double red cells
□ Plasma
☐ Platelets
☐ Whole blood

Who can receive my blood donation:			
_ O-	_ O+		
☐ B-	□ B+		
□ A-	□ A+		
□ АВ-	☐ AB+		
Who I can receive a blood donation from:			
_ O-	_ O+		
☐ B-	□ B+		
A-	☐ A+		
□ АВ-	☐ AB+		
Additional Notes			