

Blood Type Chart

Name:

Date of Birth:

Contact Number:

Email Address:

Blood Type:

Donor ID (if assigned):

Blood Types and Compatibility

Blood Types	Best Donors For	Compatible to Donate for	Compatible to Receive
O+	Double Red Cells Whole Blood	O+, A+, B+, AB+	O+, O-
O -	Double Red Cells Whole Blood	All Blood Types	O-
A+	Plasma Platelets	A+, AB+	O+, O-, A+, A-
A -	Double Red Cells Whole Blood	A, A-, AB-, AB+	A-, O-
B+	Plasma Platelets	B+, B-, AB+, AB-	O+, O-, B+, B-
B-	Double Red Cells Whole Blood	B+, B-, ABAB+	B-, O-
AB+	Plasma Platelets	AB+	All Blood Types
AB-	Plasma Platelets	AB+, AB-	O-, A-, BAB-

What donations am I best for:

- Double red cells
- Plasma
- Platelets
- Whole blood

Who can receive my blood donation:	
<input type="checkbox"/> O-	<input type="checkbox"/> O+
<input type="checkbox"/> B-	<input type="checkbox"/> B+
<input type="checkbox"/> A-	<input type="checkbox"/> A+
<input type="checkbox"/> AB-	<input type="checkbox"/> AB+

Who I can receive a blood donation from:	
<input type="checkbox"/> O-	<input type="checkbox"/> O+
<input type="checkbox"/> B-	<input type="checkbox"/> B+
<input type="checkbox"/> A-	<input type="checkbox"/> A+
<input type="checkbox"/> AB-	<input type="checkbox"/> AB+

Additional Notes

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