Blood Sugar Weight Loss Chart

Name: AUSTIN MORALES

Date	Fasting Blood Sugar (mg/dL)	Weight (lbs)
2023-01-01	120	180
2023-01-08	115	178
2023-01-15	110	176
2023-01-22	105	175
2023-01-29	100	172
2023-02-05	95	170
2023-02-12	92	168
2023-02-19	88	166
2023-02-26	85	164
2023-03-05	82	162
2023-03-12	80	160
2023-03-19	78	158
2023-03-26	75	156
2023-04-02	72	154
2023-04-09	70	152
2023-04-16	68	150
2023-04-23	65	148
2023-04-30	62	146
2023-05-07	60	144
2023-05-14	58	142
2023-05-21	55	140
2023-05-28	52	138
2023-06-04	50	136
2023-06-11	48	134
2023-06-18	45	132