

# Bem Sex-Role Inventory

Name: \_\_\_\_\_ Date: \_\_\_\_\_

This 60-item questionnaire is a self-reported assessment tool that evaluates an individual's feminine and masculine characteristics.

Please indicate the extent to which you tend to agree or disagree with each statement. In each case, make your choice in terms of how you feel right now, not what you have felt in the past or would like to feel. Please remember that these are subjective questions with no right or wrong answer, it is important to answer them truthfully and accurately.

There are seven possible responses to each of the items in the questionnaire:

**1** = Never or almost never true; **2** = Rarely true; **3** = Sometimes true; **4** = Neutral;  
**5** = Often true; **6** = Usually true; **7** = Always or almost always true

**How well does each item describe you?**

| Item                   | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
|------------------------|---|---|---|---|---|---|---|
| 1. Self-reliant        |   |   |   |   |   |   |   |
| 2. Yielding            |   |   |   |   |   |   |   |
| 3. Helpful             |   |   |   |   |   |   |   |
| 4. Defends own beliefs |   |   |   |   |   |   |   |
| 5. Cheerful            |   |   |   |   |   |   |   |
| 6. Moody               |   |   |   |   |   |   |   |
| 7. Independent         |   |   |   |   |   |   |   |
| 8. Shy                 |   |   |   |   |   |   |   |
| 9. Conscientious       |   |   |   |   |   |   |   |
| 10. Athletic           |   |   |   |   |   |   |   |
| 11. Affectionate       |   |   |   |   |   |   |   |
| 12. Theatrical         |   |   |   |   |   |   |   |
| 13. Assertive          |   |   |   |   |   |   |   |
| 14. Flatterable        |   |   |   |   |   |   |   |
| 15. Happy              |   |   |   |   |   |   |   |
| 16. Strong personality |   |   |   |   |   |   |   |
| 17. Loyal              |   |   |   |   |   |   |   |
| 18. Unpredictable      |   |   |   |   |   |   |   |
| 19. Forceful           |   |   |   |   |   |   |   |
| 20. Feminine           |   |   |   |   |   |   |   |
| 21. Reliable           |   |   |   |   |   |   |   |

| Item                                 | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
|--------------------------------------|---|---|---|---|---|---|---|
| 22. Analytical                       |   |   |   |   |   |   |   |
| 23. Sympathetic                      |   |   |   |   |   |   |   |
| 24. Jealous                          |   |   |   |   |   |   |   |
| 25. Has leadership abilities         |   |   |   |   |   |   |   |
| 26. Sensitive to the needs of others |   |   |   |   |   |   |   |
| 27. Truthful                         |   |   |   |   |   |   |   |
| 28. Willing to take risks            |   |   |   |   |   |   |   |
| 29. Understanding                    |   |   |   |   |   |   |   |
| 30. Secretive                        |   |   |   |   |   |   |   |
| 31. Makes decisions easily           |   |   |   |   |   |   |   |
| 32. Compassionate                    |   |   |   |   |   |   |   |
| 33. Sincere                          |   |   |   |   |   |   |   |
| 34. Self-sufficient                  |   |   |   |   |   |   |   |
| 35. Eager to soothe hurt feelings    |   |   |   |   |   |   |   |
| 36. Conceited                        |   |   |   |   |   |   |   |
| 37. Dominant                         |   |   |   |   |   |   |   |
| 38. Soft spoken                      |   |   |   |   |   |   |   |
| 39. Likable                          |   |   |   |   |   |   |   |
| 40. Masculine                        |   |   |   |   |   |   |   |
| 41. Warm                             |   |   |   |   |   |   |   |
| 42. Solemn                           |   |   |   |   |   |   |   |
| 43. Willing to take a stand          |   |   |   |   |   |   |   |
| 44. Tender                           |   |   |   |   |   |   |   |
| 45. Friendly                         |   |   |   |   |   |   |   |
| 46. Aggressive                       |   |   |   |   |   |   |   |
| 47. Gullible                         |   |   |   |   |   |   |   |
| 48. Inefficient                      |   |   |   |   |   |   |   |
| 49. Acts as a leader                 |   |   |   |   |   |   |   |
| 50. Childlike                        |   |   |   |   |   |   |   |
| 51. Adaptable                        |   |   |   |   |   |   |   |

| Item                            | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
|---------------------------------|---|---|---|---|---|---|---|
| 52. Individualistic             |   |   |   |   |   |   |   |
| 53. Does not use harsh language |   |   |   |   |   |   |   |
| 54. Unsystematic                |   |   |   |   |   |   |   |
| 55. Competitive                 |   |   |   |   |   |   |   |
| 56. Loves children              |   |   |   |   |   |   |   |
| 57. Tactful                     |   |   |   |   |   |   |   |
| 58. Ambitious                   |   |   |   |   |   |   |   |
| 59. Gentle                      |   |   |   |   |   |   |   |
| 60. Conventional                |   |   |   |   |   |   |   |

## Scoring

| Category      | Items   |
|---------------|---|
| Masculine (M) | 1, 4, 7, 10, 13, 16, 19, 22, 25, 28, 31, 34, 37, 40, 43, 46, 49, 52, 55, 58 |
| Feminine (F)  | 2, 5, 8, 11, 14, 17, 20, 23, 26, 29, 32, 35, 38, 41, 44, 47, 50, 53, 56, 59 |
| Neutral (N)   | 3, 6, 9, 12, 15, 18, 21, 24, 27, 30, 33, 36, 39, 42, 45, 48, 51, 54, 57, 60 |

- **Masculine (M):** mean of all responses within the category
- **Feminine (F):** mean of all responses within the category
- **Neutral (N):** T - ratio, which is the difference between a person's masculine and feminine scores

| Category      | Score |
|---------------|-------|
| Masculine (M) |       |
| Feminine (F)  |       |
| Neutral (N)   |       |

## Interpretation

- **Masculine (M):** Extent to which a person endorses one or the other personality characteristics.
- **Feminine (F):** Extent to which a person endorses one or the other personality characteristics
- **Neutral (N):** The closer the score is to zero, the more the person is androgynous.