

Bem Sex-Role Inventory

Name: _____ Date: _____

This 60-item questionnaire is a self-reported assessment tool that evaluates an individual's feminine and masculine characteristics.

Please indicate the extent to which you tend to agree or disagree with each statement. In each case, make your choice in terms of how you feel right now, not what you have felt in the past or would like to feel. Please remember that these are subjective questions with no right or wrong answer, it is important to answer them truthfully and accurately.

There are seven possible responses to each of the items in the questionnaire:

1 = Never or almost never true; **2** = Rarely true; **3** = Sometimes true; **4** = Neutral;
5 = Often true; **6** = Usually true; **7** = Always or almost always true

How well does each item describe you?

Item	1	2	3	4	5	6	7
1. Self-reliant							
2. Yielding							
3. Helpful							
4. Defends own beliefs							
5. Cheerful							
6. Moody							
7. Independent							
8. Shy							
9. Conscientious							
10. Athletic							
11. Affectionate							
12. Theatrical							
13. Assertive							
14. Flatterable							
15. Happy							
16. Strong personality							
17. Loyal							
18. Unpredictable							
19. Forceful							
20. Feminine							
21. Reliable							

Item	1	2	3	4	5	6	7
22. Analytical							
23. Sympathetic							
24. Jealous							
25. Has leadership abilities							
26. Sensitive to the needs of others							
27. Truthful							
28. Willing to take risks							
29. Understanding							
30. Secretive							
31. Makes decisions easily							
32. Compassionate							
33. Sincere							
34. Self-sufficient							
35. Eager to soothe hurt feelings							
36. Conceited							
37. Dominant							
38. Soft spoken							
39. Likable							
40. Masculine							
41. Warm							
42. Solemn							
43. Willing to take a stand							
44. Tender							
45. Friendly							
46. Aggressive							
47. Gullible							
48. Inefficient							
49. Acts as a leader							
50. Childlike							
51. Adaptable							

Item	1	2	3	4	5	6	7
52. Individualistic							
53. Does not use harsh language							
54. Unsystematic							
55. Competitive							
56. Loves children							
57. Tactful							
58. Ambitious							
59. Gentle							
60. Conventional							

Scoring

Category	Items
Masculine (M)	1, 4, 7, 10, 13, 16, 19, 22, 25, 28, 31, 34, 37, 40, 43, 46, 49, 52, 55, 58
Feminine (F)	2, 5, 8, 11, 14, 17, 20, 23, 26, 29, 32, 35, 38, 41, 44, 47, 50, 53, 56, 59
Neutral (N)	3, 6, 9, 12, 15, 18, 21, 24, 27, 30, 33, 36, 39, 42, 45, 48, 51, 54, 57, 60

- **Masculine (M):** mean of all responses within the category
- **Feminine (F):** mean of all responses within the category
- **Neutral (N):** T - ratio, which is the difference between a person's masculine and feminine scores

Category	Score
Masculine (M)	
Feminine (F)	
Neutral (N)	

Interpretation

- **Masculine (M):** Extent to which a person endorses one or the other personality characteristics.
- **Feminine (F):** Extent to which a person endorses one or the other personality characteristics
- **Neutral (N):** The closer the score is to zero, the more the person is androgynous.