

# Babinski Sign Test

Patient Information	
Name:	Age:
Gender:      Male      Female      Other:	
Medical Record Number:	
Procedure	
<ol style="list-style-type: none"><li>1. Ensure the patient is in a comfortable position, lying down or sitting with legs extended.</li><li>2. Inform the patient about the Babinski Sign Test and what sensations they may experience.</li><li>3. Relax the patient's foot, ensuring it is accessible for stimulation.</li><li>4. Use a reflex hammer to apply a firm stroke along the lateral aspect of the sole, from the heel to the ball of the foot.</li><li>5. Watch for the patient's response to the stimulus, noting any abnormal movements or responses.</li></ol>	
Findings	
Babinski Sign:	Negative      Positive      Not Applicable
Response:	Normal Flexor Response      Abnormal Extensor Response      No Response
Additional Notes:	
Interpretation	
<ul style="list-style-type: none"><li>• <b>Normal Response:</b> Indicates intact neurological function.</li><li>• <b>Abnormal Response:</b> May suggest underlying neurological pathology, such as pyramidal tract lesions or spinal cord injuries.</li><li>• <b>Bilateral Response:</b> May indicate diffuse or systemic neurological disorder.</li><li>• <b>Unilateral Response:</b> May suggest focal lesion or injury affecting corresponding hemisphere or spinal cord segment.</li></ul>	
Additional Notes	