

Babinski Sign Test

Patient Information	
Name:	Age:
Gender: Male Female Other:	
Medical Record Number:	
Procedure	
<ol style="list-style-type: none">1. Ensure the patient is in a comfortable position, lying down or sitting with legs extended.2. Inform the patient about the Babinski Sign Test and what sensations they may experience.3. Relax the patient's foot, ensuring it is accessible for stimulation.4. Use a reflex hammer to apply a firm stroke along the lateral aspect of the sole, from the heel to the ball of the foot.5. Watch for the patient's response to the stimulus, noting any abnormal movements or responses.	
Findings	
Babinski Sign:	Negative Positive Not Applicable
Response:	Normal Flexor Response Abnormal Extensor Response No Response
Additional Notes:	
Interpretation	
<ul style="list-style-type: none">• Normal Response: Indicates intact neurological function.• Abnormal Response: May suggest underlying neurological pathology, such as pyramidal tract lesions or spinal cord injuries.• Bilateral Response: May indicate diffuse or systemic neurological disorder.• Unilateral Response: May suggest focal lesion or injury affecting corresponding hemisphere or spinal cord segment.	
Additional Notes	