Asperger's Syndrome Checklist

Name: _____   **Age:** _____

Date of session: _____   **Practitioner:** _____

This checklist is based on the DSM-IV diagnostic criteria for Asperger's Disorder.

Asperger's Disorder is a retired official diagnosis and individuals who may be living with these difficulties may benefit from further assessment.

Qualitative impairment in social interaction, manifested by at least two of the following:	
Marked impairment in the use of multiple nonverbal behaviors such as: • Eye-to-eye gaze Body postures • Facial expression Gestures to regulate social interaction	
Failure to develop peer relationships appropriate to their developmental level	
A lack of spontaneous seeking to share enjoyment, interests, or achievements with other people (e.g., by lack of showing, bringing, or pointing out objects of interest to other people)	
Lack of social or emotional reciprocity	
Restricted repetitive and stereotyped patterns of behavior, interests, and activities, manifested by at least one of the following:	
Encompassing preoccupation with one or more stereotyped and restricted patterns of interest that are abnormal either in intensity or focus	
Inflexible adherence to specific, nonfunctional routines or rituals	
Stereotyped and repetitive motor mannerisms (e.g., hand or finger flapping or twisting, or complex whole-body movements)	
Persistent preoccupation with parts of objects	

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The disturbance causes clinically significant impairment in social, occupational, or other important areas of functioning.	
There is no clinically significant general delay in language (e.g., single words used by age 2 years, communicative phrases used by age 3 years).	
There is no clinically significant delay in cognitive development or the development of age-appropriate self-help skills, adaptive behavior (other than in social interaction), and curiosity about the environment in childhood.	
Criteria are not met for another specific Pervasive Developmental Disorder or Schizophrenia.	

Additional notes

This is not a diagnostic tool.

Reference

American Psychiatric Association. (1994). Diagnostic and statistical manual of mental disorders (4th ed.).