

# Ankle Posterior Drawer Test

Name: Juanita Vasquez Age: 28

Examiner: Dr. Emily Roberts Date: May 6, 2024

## Pre-test checklist

- Confirm no recent ankle or foot surgeries
- Check for any significant skin conditions that might affect the test accuracy or patient comfort
- Ensure the examination room is free of obstacles for safe patient positioning

## Test procedure

1. Position the patient supine with the foot relaxed.
2. Stabilize the tibia and fibula with one hand.
3. Plantar flex the patient's foot to 20 degrees.
4. Hold the patient's calcaneus with the other hand and distract it from the tibia and fibula by slowly pulling it inferiorly.
5. Apply posterior pressure on the calcaneus and talus, and overpressure at the end of the passive range.

## Test findings

- Positive:** Presence of sulcus, pain, or excessive posterior translation of the talus, indicating ligamentous laxity or rupture
- Negative:** Normal end feel and limited posterior translation, indicating intact ligaments.

Other observations and additional notes regarding procedure:

Observed significant laxity in the left ankle compared to the right ankle, with visible sulcus and noticeable pain during posterior translation. The patient expressed discomfort throughout the test.

### Examiner's additional notes

Patient reports previous ankle injury approximately 6 months ago, which aligns with the observed ligamentous laxity. Further imaging is recommended for a detailed assessment of potential ligament damage.

### Healthcare professional's information

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