

Alcohol Use Disorder DSM-5 Criteria

Name: _____ Date: _____

The DSM-5 defines alcohol use disorder (AUD) as a problematic pattern of alcohol use leading to clinically significant distress or impairment. Use this checklist to help identify if a person meets the criteria for AUD.

However, note that this is **NOT** a diagnostic tool. The checklist is intended for informational purposes only and should not be used as a substitute for a professional evaluation by a qualified healthcare provider.

Criteria	Yes	No
A problematic pattern of alcohol use leading to clinically significant impairment or distress, as manifested by at least two of the following, occurring within a 12-month period:		
1. Alcohol is often taken in larger amounts or over a longer period than was intended.	<input type="radio"/>	<input type="radio"/>
2. There is a persistent desire or unsuccessful efforts to cut down or control alcohol use.	<input type="radio"/>	<input type="radio"/>
3. A great deal of time is spent in activities necessary to obtain alcohol, use alcohol, or recover from its effects.	<input type="radio"/>	<input type="radio"/>
4. Craving, or a strong desire or urge to use alcohol.	<input type="radio"/>	<input type="radio"/>
5. Recurrent alcohol use resulting in a failure to fulfill major role obligations at work, school, or home.	<input type="radio"/>	<input type="radio"/>
6. Continued alcohol use despite having persistent or recurrent social or interpersonal problems caused or exacerbated by the effects of alcohol.	<input type="radio"/>	<input type="radio"/>
7. Important social, occupational, or recreational activities are given up or reduced because of alcohol use.	<input type="radio"/>	<input type="radio"/>
8. Recurrent alcohol use in situations in which it is physically hazardous.	<input type="radio"/>	<input type="radio"/>
9. Alcohol use is continued despite knowledge of having a persistent or recurrent physical or psychological problem that is likely to have been caused or exacerbated by alcohol.	<input type="radio"/>	<input type="radio"/>

Criteria	Yes	No
10. Tolerance, defined by either of the following:		
a. A need for markedly increased amounts of alcohol to achieve intoxication or desired effect.	<input type="radio"/>	<input type="radio"/>
b. A markedly diminished effect with continued use of the same amount of alcohol.	<input type="radio"/>	<input type="radio"/>
11. Withdrawal, defined by either of the following:		
a. The characteristic withdrawal syndrome for alcohol (listed in table below)	<input type="radio"/>	<input type="radio"/>
b. Alcohol (or a closely related substance, such as benzodiazepine) is taken to relieve or avoid withdrawal symptoms.	<input type="radio"/>	<input type="radio"/>

Specify if:

- **In early remission:** After full criteria for alcohol use disorder were previously met, none of the criteria for alcohol use disorder have been met for at least 3 months but for less than 12 months (with the exception that Criterion A4, “craving”, or a strong desire or urge to use alcohol,” may be met)
- **In sustained remission:** After full criteria for alcohol use disorder were previously met, none of the criteria for alcohol use disorder have been met at any time during a period of 12 months or longer (with the exception that Criterion A4, “Craving, or a strong desire or urge to use alcohol,” may be met)

Specify if:

- **In a controlled environment:** This additional specifier is used if the individual is in an environment where access to alcohol is restricted.
- **Code based on current severity/remission:** If an alcohol intoxication, alcohol withdrawal, or another alcohol-induced mental disorder is also present, do not use the codes below for alcohol use disorder. Instead, the comorbid alcohol use disorder is indicated in the 4th character of the alcohol-induced disorder code (see the coding note for alcohol intoxication, alcohol withdrawal, or a specific alcohol-induced mental disorder).

For example, if there is comorbid alcohol intoxication and alcohol use disorder, only the alcohol intoxication code is given, with the 4th character indicating whether the comorbid alcohol use disorder is mild, moderate, or severe: F10.129 for mild alcohol use disorder with alcohol intoxication or F10.229 for a moderate or severe alcohol use disorder with alcohol intoxication.

This is NOT a diagnostic tool.

Specify current severity/remission

F10.10 Mild, Presence of 2–3 symptoms

F10.11 Mild, In early remission

F10.11 Mild, In sustained remission

F10.20 Moderate: Presence of 4–5 symptoms

F10.21 Moderate, In early remission

F10.21 Moderate, In sustained remission

F10.20 Severe: Presence of 6 or more symptoms

F10.21 Severe, In early remission

F10.21 Severe, In sustained remission

Additional notes

This is NOT a diagnostic tool.

American Psychiatric Association. (2013). Diagnostic and statistical manual of mental disorders (5th ed.). Pearson.

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