

ADHD Teenager Screening Test

Name of teenager: _____ Date of birth: _____

Gender: _____ Date of screening: _____

Parent/guardian's name: _____

Instructions: Please read each statement carefully and mark the appropriate response based on your observations of the teenager's behavior. Answer to the best of your knowledge.

- 0 - Never
- 1 - Rarely
- 2 - Sometimes
- 3 - Often
- 4 - Always

Part 1: Inattention					
Item	0	1	2	3	4
1. Often makes careless mistakes in schoolwork or other activities due to lack of attention to detail.					
2. Has difficulty sustaining attention in tasks or play activities.					
3. Frequently seems not to listen when spoken to directly.					
4. Struggles to follow through on instructions or finish tasks.					
5. Avoids or is reluctant to engage in tasks that require sustained mental effort.					
Part 2: Hyperactivity and impulsivity					
1. Fidgets or taps hands or feet restlessly.					
2. Unable to stay seated in situations where it is expected.					

3. Excessively talks or interrupts others during conversations or activities.					
4. Finds it difficult to wait for their turn in situations requiring patience.					
5. Often acts without thinking about the consequences.					
Part 3: Overall impression					
				Yes	No
1. Considering the behaviors listed above, do you believe the teenager may be experiencing difficulties related to ADHD?					

Part 1 score: _____ **Part 2 score:** _____

Overall impressions

Scoring and interpretation

Each item is rated on a scale from **Never (0 points)** to **Always (4 points)**. To score:

1. Add up the points for all items in **Part 1: Inattention** to calculate the inattention score.
2. Add up the points for all items in **Part 2: Hyperactivity and Impulsivity** to calculate the hyperactivity/impulsivity score.

Higher scores in either section may indicate the need for further assessment. Use the **Overall Impression** section to reflect on the responses and consider if additional evaluation is warranted.

Additional notes

Please use this screening test as a preliminary assessment only. It is **NOT** a substitute for professional diagnosis.