

Abnormal Vital Signs Chart

Abnormal Vital Signs		
Vital Sign	Abnormal Value	Cause
Heart rate (pulse)	Too fast (tachycardia), too slow (bradycardia)	Anxiety, stress, anemia, hyperthyroidism, heart failure, arrhythmias, medication side effects, hypothyroidism, heart block, overdose of sedatives or opioids, head injury, stroke, brain injury
Respiratory rate (breathing)	Too fast (tachypnea), too slow (bradypnea)	Exercise, fever, asthma, pneumonia, heart failure, pulmonary embolism, overdose of sedatives or opioids, head injury, stroke, brain injury
Blood pressure	Too high (hypertension), too low (hypotension)	Obesity, high salt intake, high cholesterol, diabetes, kidney disease, family history of hypertension, dehydration, blood loss, heart failure, shock, certain medications
Body temperature (temperature)	Too high (fever), too low (hypothermia)	Infection, autoimmune disorders, cancer, certain medications, exposure to cold, hypothyroidism, malnutrition, certain medications

Patient Vital Signs Record	
Name:	Age:
Gender:	Date of Birth:
Date:	Time:

Vital Signs Measurement

Heart Rate (Pulse)	Respiratory Rate
Reading (bpm):	Reading (Breaths per Minute):
Notes:	Notes:
Blood Pressure	Body Temperature
Systolic (mm Hg):	Reading:
Diastolic (mm Hg):	Notes:
Notes:	