ABC Scale Scoring

Patient Information												
Name:			Age:									
Date of Assessment:			Med	ical Diagn	iosis:							
Instructions for Scoring												
 Rate each activity based on the patient's perceived cor Use a scale from 0% (no confidence) to 100% (comple Circle or mark the appropriate score for each activity. 	nfidence le te confide	evel in pel ence).	rforming i	t without	losing bal	ance or fa	alling.					
Mobile Activities	0%	10%	20%	30%	40%	50%	60%	70%	80%	90%	100%	
Walking on different surfaces												
Walking up and down stairs or ramps												
Using walking aids (e.g., cane, walker) while walking												
Negotiating obstacles												
Transitioning between positions												
Functional Tasks	0%	10%	20%	30%	40%	50%	60%	70%	80%	90%	100%	
Household chores												
Recreational activities												
Community participation												
Personal care activities												
Work-related tasks												

0%	10%	20%	30%	40%	50%	60%	70%	80%	90%	100%
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ne the ov	erall balaı	nce confic	lence.							
				0%10%20%30%Image: Second				Image: state	Image: state	Image: state